

Bispham Drive Junior School PSHE/RSE Curriculum 2019 2020

At Bispham Drive Junior School we have already adopted the curriculum that will become statutory in September 2020. We use the curriculum suggested by the PSHE association to ensure we teach well structured lessons that build understanding across the year and across the school. By the end of year 6 children will have a clear understanding of key aspects of life such as finance and personal safety. They will have an understanding of how to establish healthy relationships and will be supported in exploring issues in the wider world.

| PSHE/RSE | Autumn | | | Spring | | | Summer | | |
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| Core Theme | Health and Wellbeing | | | Relationships | | | Living in the Wider World | | |
| Topics | Healthy lifestyle | Growing and changing | Keeping safe | Feelings and emotions | Healthy relationships | Valuing difference | Rights and responsibilities | Environment | Money |
| Year 3 | What makes and balanced diet; opportunities for making own choices with food; what influences their food choices; habits H3 H16 | Recognising what they are good at; setting goals; describing feelings; conflicting feelings and how to manage them H5/6 H7 | School rules on health and safety; basic emergency aid; people who help them stay healthy and safe H15 H23 | Recognising feelings in others; responding to how others are feeling R1 | Positive, healthy relationships and friendships; maintaining friendship; actions affect ourselves and others; working collaboratively R2/4 R7 R11 | Recognising and responding to bullying R14/18 | Discuss and debate health and wellbeing issues; being part of the community and who works in the community L1 L9/10 | Responsibilities; rights and duties L7 | Enterprise, what it means; developing skills in enterprise L16 |
| Year 4 | What makes and balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs H1/2 H17 H21 | Recognising what they are good at; setting goals; changes at puberty; changes that happen in life and feelings associated with change H5 H10 | How to stay safe in the local area and online; people who help them stay healthy and safe H21 H22/25 | Keeping something confidential and secret; when to break a confidence; recognise and manage dares R9 R15 | Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers R8 R12 | Listen and respond effectively to people share points of view R10 | Discuss and debate health and wellbeing issues; appreciating diversity and difference in the UK and around the world L1 L11 L12 L15 | Sustainability of the environment across the world L15 | Role of money; managing money (saving and budgeting); what is meant by interest and loan L13 L14 |
| Year 5 | What positively and negatively | Recognising what they are good at; | Strategies for managing personal | Responding to feelings in others | Actions have consequences ; working | Listening to others; raise concerns and | Discuss and debate health and wellbeing | Different rights, responsibilities | Importance of finance in people's lives; |

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| | affects health and wellbeing; making informed choices; benefits of a balanced diet; different influences on food; skills to make choices H1/2 H3 | setting goals aspirations; intensity of feelings; managing complex feelings; coping with change and transition; bereavement and grief H5 H6/7 H8 | safety in the local environment; online safety including sharing images; mobile phone safety H21 H22/25 H24 | R12 | collaboratively ; negotiation and compromise; giving feedback R7 R11 R12 | challenge R10 | issues; rules and laws; changing rules and laws; anti social behaviour; respecting and resolving differences L1 L2 L6 L8 | and duties L7 | being a critical consumer; looking after money; interest; loan; debt; management of money; tax L13 L14 |
| Year 6 | Images in the media and reality; how this can affect how people feel; risks and effects of drugs H4 H17 | Recognising what they are good at; setting goals; aspirations; puberty (recap year 4); human reproduction; roles and responsibilities of parents H5 H18 H19 | Independence ; increased responsibility; keeping safe; influences on behaviour; resisting pressure; rights to protect their body and speaking out ; who is responsible for their health and safety; where to get help and advice H9 H10 H11 H13 H14 H20 H23 | Confidentiality and when to break confidence; managing dares R9 | Different types of relationships; positive and healthy relationships; maintaining relationships; recognising when a relationship is unhealthy (including forced marriage); committed loving, relationships; marriage; acceptable and unacceptable physical touch; personal boundaries and the right to privacy R2/4 R3 R5/19 R6 R20 R8 R21 | Listening to others; raise concern and challenge; what makes people the same or different; recognising and challenging stereotypes; discrimination and bullying R10 R13 R16 R17 R14/18 | Discuss and debate health and wellbeing issues; human rights; the rights of the child; cultural practises and British law; being part of a community; groups that support communities; being critical of what is in the media and what they forward to others L1 L3 L4 L5 L9 L10 L17 L18 | How resources are allocated; effect of this on individuals; communities and the environment L15 | Setting up an enterprise L16 |